

COLLABORATIVE Practice Tips

June 2021

A monthly bulletin from the CP Cal Practice Excellence Committee

The Practice Excellence Committee is pleased to offer tips to help you increase your Collaborative cases and achieve *practice excellence*.

Please send us your comments and questions! Email us at info@cpcal.com

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Returning to In-Person Meetings in the World of Covid

Many professionals and clients are adjusting to returning to in-person meetings. Some are resistant; others are considering the cost and time saving of continuing to meet virtually. When you do return to meeting in person with clients and/or other professionals, consider the following:

1. Know the law. Keep on top of local, state and federal regulations. Update your policies accordingly.
2. Consider your staff. Are they vaccinated? Are you vaccinated? If not, prepare your office policy regarding unvaccinated staff.
3. Consider having a staff meeting to develop strategies for dealing with clients regarding vaccination, masking and in-person vs Zoom meetings. These can be difficult topics and our clients often disagree about them.
4. Establish an office policy for meeting with clients and other professionals. Must they all be vaccinated or not? Create consistent policies for various scenarios.
5. Consider drafting forms to inform clients of your continuing Covid policies. [Click here to see form for example.](#)
6. Consider offering both in-person and virtual meetings. Remember that for many people this may be a difficult time of

transition. There may be some anxiety regarding the effectiveness of vaccines, Covid variants etc. There may be some anxiety related to returning to in-person social settings and workplaces.

7. Have a policy and procedure for reporting Covid-19 exposures to your public health department, as well as staff, clients and other professionals that may have been exposed.

8. Be confident in the policies you and your staff create together. Virtual meetings are now an easy alternative for those who object and nothing should take precedence over the comfort and well being of you and your staff.

Article: [Re-Couping From The Revving Up and The Shutting Down Of A Hard, Hard Year.](#)

From the PEC:

What's Happening in the News?

The hardest part of writing a blog is often just thinking of the topic! Reading the news can help. Make yourself a list as you read the paper or get the latest update from your professional association. Examples:

1. The latest issue of The Therapist had a great article about a "Resilience Roadmap" for healing trauma in children, with many examples about how to teach co/self-regulation and what effect this has on the brain. One "spin" from this idea might be to write about the trauma of divorce, how the brain is impacted, and how meditation and mindful body scans can help.
2. Financial pros are buzzing about the latest government payouts to families with children. How will this effect divorces, both ongoing and past?
3. We're all trying to figure out how we're going to go back to working in person, including the courts. Is it better to divorce on Zoom?
4. Yesterday's advice column in my paper had a letter about whether or not to dish about your ex with his now ex-girlfriend. You may not be aware of this, but it's a THING right now! These women are getting together and it can be...empowering. Another scenario is happening a lot, too: what about warning your ex's current significant other about their lies, their cheating, their secret bank accounts, etc? What's YOUR advice? From a legal standpoint? From a Collaborative divorce coach's point of view?

I went to a great writing class a couple of decades ago. The author of several nonfiction books said his filing system was a system of small cubicles. Whenever he ran across an article or had a thought he wrote down on a topic, he'd toss the paper into the cubicle for that topic. When the cubicle was full, it was time to write a book! Perhaps we can adjust this to a folder in your MSWord files, which you open on the third Tuesday of every month, your time set aside for blogging? Happy writing!



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